

# Inspiration for New Year's resolutions at Toronto Boat Show

With 2007 here, the time to launch a New Year resolution or two has arrived and the 49th annual Toronto International Boat Show can help. Canada's largest marine marketplace kicks off the 2007 boating season Saturday, Jan. 13th through Sunday, Jan. 21st. With over a million square feet of great ideas, the Boat Show may make it a little easier to achieve New Year goals.

## Resolution #1 To get in shape!

The boating lifestyle can not only enhance physical well-being, getting into better shape can also lead to greater enjoyment of all things marine. Boating provides a wonderful alternative to a daily trip to the gym. Kayaking and canoeing are great ways to

exercise the upper body, while water skiing, wakeboarding and swimming are excellent full-body workouts. Mariners Marketplace at the Boat Show offers tips and equipment necessary to get into better physical (and mental!) shape on the water this summer. Water sports are a great way to stay in shape AND have fun!

## Resolution #2 To spend more time with family!

Spending quality time with the family is easy with a boat. Reconnect in the middle of the lake and create memories that will last a lifetime. Boating provides the mobility to travel where you want, when you want, and with fewer distractions. From fishing, to sailing, to water-skiing -- and all

the related fun and learning experiences that always come with growing families -- boating is truly the stuff of never-to-be-forgotten memories.

## Resolution #3 To spend less money!

Deals, discounts and sales are what the 2007 Toronto International Boat Show is all about. Simplify shopping with a one-stop-shop for all boating needs. Boating really is an affordable way to get outdoors and enjoy life. At the Boat Show, watch for iShow Specials! highlighting bargains available only during the Show. Everyone purchasing a boat during the show gets the opportunity to win \$10,000 towards the purchase

PLUS a free gift bag. With 600 exhibitors, 1,500 boat models and thousands of accessories and services available for discovery, the Boat Show makes it easy to save money on virtually every kind of outdoor fun.

## Resolution #4 To reduce stress!

Nothing relieves stress more than fresh air and a relaxing summer breeze. A recent survey conducted by the National Marine Manufacturers Association (NMMA) found that boating ranked among the top three stress-relieving activities, along with exercise and weekend getaways. Boating offers an escape from life's daily grind and the chance to ignore cell phones, emails and deadlines for at least a few hours.

For show information, visit [TorontoBoatShow.com](http://TorontoBoatShow.com) or call (905) 951-0009.

The Toronto Boat Show runs Jan. 13-21 at the Direct Energy Centre, Exhibition Place. The show kicks off early with its 8th annual Special Preview Night: Boating For Children's Charity on Friday, Jan. 12 from 4-9 p.m.

Show hours: (Jan. 13-21) are: Saturdays 9 a.m. to 7 p.m.; Sundays 10 am to 6 p.m.; weekdays noon to 9 pm. Admission: Adults - \$15; Seniors (65+) - \$12. Kids 16 and under - FREE! Two-day adult pass - \$25. Preview Night admission - \$75.

Buy tickets online at [TorontoBoatShow.com](http://TorontoBoatShow.com) and save \$3 until Jan. 12.

# January is Crime Stoppers Month

January is Crime Stoppers Month worldwide and also marks the 20th Anniversary of Crime Stoppers of Simcoe-Dufferin-Muskoka.

Crime Stoppers programs are individually registered not-for-profit charitable corporations, operated by civilians from the community. These people control all aspects of the program, including reward payments and fundraising initiatives. Crime Stoppers

and the Police are separate and distinct. Because of this distinction, Crime Stoppers programs are not subject to the rules regarding disclosure or through the Freedom of Information Act. Also, Crime Stoppers does not receive Federal or Provincial Government grants. The funds raised are made through donations whether private or corporate and through fundraising efforts. Official tax receipts can be issued for donations

received.

Crime Stoppers is a way that you can report crime without having to give your name or other information about yourself. Crime Stoppers does not subscribe to call display, so being anonymous you will not be required to testify in court. So consider, if you have information regarding a crime that has been committed or going to be committed you can be part of the solution in keeping your community or school safe. Please contact Crime Stoppers at 1-800-222-TIPS (8477).

Crime Stoppers is represented in 77 countries and is made up of over 1200

organizations worldwide. Each Crime Stoppers organization is an independent non-profit organization run by volunteers, who work with police and the media in their respective areas to continue crime-solving efforts in the communities they represent.

Joanne Gates, President of Crime Stoppers of Simcoe-Dufferin-Muskoka says, "Crime Stoppers has had a dramatic impact on crime through the years, and one can only imagine how many incidents would go unsolved if people didn't have the opportunity to anonymously call tips to Crime Stoppers."

Detective Constable

Jennifer Kinsella, the Police Coordinator for Crime Stoppers of Simcoe-Dufferin-Muskoka, said a number of initiatives are planned throughout January to release statistics and recognize the efforts of the Crime Stoppers Program.

Crime Stoppers is an added community resource for the public to assist Police in the fight against crime", said Jennifer Kinsella

Crime Stoppers is certainly a partnership, involving the news media, the Police and the public with the aim of solving crime and keeping our communities safe. Since the inception of Crime Stoppers

of Simcoe-Dufferin-Muskoka in 1987, we have had an impressive record of success and have assisted our Police Services (RCMP, OPP-Barrie, Orillia, Bracebridge, Huntsville, Midland, New Tecumseth, Dufferin, Collingwood, Huronia West; Barrie PS, Midland PS, Orangeville PS, Shelburne PS, South Simcoe PS, Base Borden Military Police, Ministry of Natural Resources, Mnjikaning PS, Anishinabek PS, CN Police) by providing anonymous information about unsolved crimes, including promoting Student Crime Stoppers in an effort to reduce crime in our High Schools.

# News from Cookstown UCW

by Susan Stein

The first meeting, held on Wednesday, January 3rd, was a splendid beginning for the new year, with members invited at the home of Wib and Beryl Hadwen.

After a potluck lunch, President Hattie Milne opened the programme with all reciting the UCW Purpose.

Secretary Norma Currie read the correspondence. Reports were given by committees. The World Day of Prayer will be held at Cookstown United Church on Friday, February 2nd, at 1:30 p.m. at the church in conjunction with St. John's Anglican Church and with the Newton Robinson United Church. The programme for this event was compiled by the women of Paraguay.

The executive for 2007 was elected by acclamation. President - Hattie Milne, Vice - Beryl Hadwen, Secretary - Norma Currie, Treasurer - Thelma Arnott, Social Convener - Iva Robinson, Friendship and Visitation - Beryl Hadwen.

Donations will be given to the Church, to Camp Simpresca, to Out of the Cold.

The programme began with Beryl reading verses

from Isiah, followed by excerpts from the book by Peter Shorn, former moderator of the United Church, entitled "God's Ways are not our ways". The poem, which was found by a nurse in a hospital "Crabby old man", written about himself was read. It traces him as a child, a young man, husband and father to his dark old age. Still a young heart beats in the old body; Please see me with a young spirit in an old body!

Joan McLean read a humorous poem about Ma and Pa driving in the country.

Beryl read how to remind ourselves: with a rubber band to hugging; a tissue to dry someone's tears; a button to close our lips for not insulting someone; a tooth pick to pick out good qualities in everyone; a bandaid to help hurt feelings; a candy kiss a treat for some; a gold thread for friendship; an eraser to erase mistakes made sometimes; a lifesaver to remind us of Jesus our Saviour.

Tea and fellowship concluded the meeting. Many thanks Beryl for hosting the meeting at your lovely home.



Members of the UCW gathered together for their January 3rd meeting.

photo by Susan Stein